

# BENEFITS OF...

## VOLUNTEERING and TEACHING ART TO KIDS

- Parents who have participated in the Art in Action program report that they **love to learn** with their children about artists, art genres, art concepts, and art vocabulary because their own education was lacking in these areas.
- Teaching the Art in Action program in your child's school helps you to **connect** to other parents, teachers, your child's friends, and you become active participants in the school community.
- Looking closely at and having robust conversations about art with children often opens your eyes to **new insights**.
- Parents who participate in the Art in Action Program gain the necessary skills and **confidence** to effectively engage students in discussions of art, artists, art vocabulary and concepts, and the process of creating original artwork.
- Parents are introduced to the school and the classroom setting in a **fun** and non-threatening way while volunteering to teach art in their child's classroom.
- Teaching art to kids gives parents the opportunity to see their child and their child's peers in a non-academic and **creative environment**.
- Parents are given the opportunity to connect with teachers as they work together to **engage** their students in their learning through art.
- Studies show that people who volunteer have **lower stress** levels and a healthier sense of well-being.
- **Art encourages** us to dream, imagine, aspire, and create. Art has a unique ability to inspire us to find deeper meanings.
- Art has the power to bring people **together** in meaningful ways and what better way to do that than in your child's classroom?

